

# 2022-23 D97 Breakfast Menu

## Beye, Hatch, Holmes, Mann, Whittier

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK A	<b>Whole Grain Cereal</b> <b>Juice</b> Graham Cracker Fresh Fruit Milk	<b>Whole Grain Chocolate Crescent</b> Chilled Fruit Milk	<b>Whole Grain Muffin</b> Fresh Fruit Milk	<b>Whole Grain Blueberry Waffle</b> Chilled Fruit Milk	<b>Whole Grain Bagel with Cream Cheese</b> Fresh Fruit Milk
WEEK B	<b>Whole Grain Cereal</b> <b>Juice</b> Graham Cracker Fresh Fruit Milk	<b>Whole Grain Pull-Apart Cinnamon Rolls</b> Chilled Fruit Milk	<b>Whole Grain Bagel with Cream Cheese</b> Fresh Fruit Milk	<b>Whole Grain Maple Waffle</b> Chilled Fruit Milk	<b>Whole Grain Muffin</b> Fresh Fruit Milk
WEEK C	<b>Whole Grain Cereal</b> <b>Juice</b> Graham Cracker Fresh Fruit Milk	<b>Whole Grain Maple Waffle</b> Chilled Fruit Milk	<b>Whole Grain Muffin</b> Fresh Fruit Milk	<b>Whole Grain Chocolate Crescent</b> Chilled Fruit Milk	<b>Whole Grain Bagel with Cream Cheese</b> Fresh Fruit Milk

**\*Menu is Subject to Change** H=Legal School Holiday • TI=Teacher Institutes • X=Not in Attendance • This institution is an equal opportunity employer.

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER					JANUARY					FEBRUARY					MARCH					APRIL/MAY					MAY/JUNE						
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F		
1	2	3	4	5				1	2	3	4	X	6	7		1	2	3	4				1	2	X	X	X	X	TI				1	2	3				1	2	3	3	TI	5	6	X	8	9	10	11	12
8	9	10	11	12	H	6	7	8	9	H	11	12	13	14	7	H	9	10	11	5	6	7	8	9	9	10	11	12	13	6	7	8	PT	PT	6	7	8	9	10	10	11	12	13	14	15	16	17	18	19		
15	16	17	18	19	12	13	14	15	16	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16	H	17	18	19	20	13	14	15	16	17	13	14	15	16	17	17	18	19	20	21	22	23	24	25	26		
TI	TI	24	25	26	19	20	21	22	23	24	25	26	PT	PT	21	22	X	H	X	19	20	21	X	X	23	24	25	26	27	H	21	22	23	24	20	21	22	23	24	24	25	26	27	28	H	30	31	1	2		
29	30	31			X	27	28	29	30	31					28	29	30			X	X	X	X	X	30	31				27	28				X	X	X	X	X	1	2	3	4	5	5	6	7	8	9		

### Allergen Guide

E: Eggs | M: Milk | S: Soy | SO: Soybean Oil | W: Wheat

\*ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice.

OPRF High School is not a nut-free facility.

For more information about District 97 Meal Program, please

contact: Ms. Carla Ellis,

Food Service Coordinator - cellis@op97.org

Or visit: <http://www.op97.org/business-office/food-service>

